

Counselling Courses

Peer Mentoring

This course provides further professional development for existing volunteers and anyone in related community sector employment such as support workers.

When does this start and end?	What are the entry requirements?	Need more information?
<ul style="list-style-type: none">• 10 November 2025 - 8 December 2025	You are required to first complete Level 1 Peer Mentoring. This provides you with the skills development you need to successfully achieve Level 2.	You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

Course description

This Level 2 Award explores the role of peer mentoring and is designed to support the development of effective peer mentors.

You will develop the skills and knowledge to become an effective peer mentor. This will prepare you to mentor within the setting in which you will volunteer or work.

You will explore:

- The role of a mentor
- Preparing to become a mentor (setting SMART targets, communication skills, Legal and ethical requirements and preparation for a mentoring meeting)
- Mentoring skills and techniques.

This course follows on from our Peer Mentoring (Level 1) course and will allow you to progress the skills you gained on that course.

The course is balanced between theory, research and practical application.

There is a requirement to produce a portfolio of the work including a reflective diary on your mentoring practice.

What can this course lead to?

You could progress onto:

Management Skills and Knowledge (Level 3) – You would need to be in a Team Leader, Supervisor or Manager role for this course.

One of our Access to Higher Education courses at level 2 or 3.

Possible careers include being a mentor.

Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

Course session dates

Session dates for 10 November 2025 - 8 December 2025

- Monday 10 Nov 2025 to Tuesday 11 Nov 2025
- Monday 17 Nov 2025 to Tuesday 18 Nov 2025
- Monday 24 Nov 2025 to Tuesday 25 Nov 2025
- Monday 01 Dec 2025 to Tuesday 02 Dec 2025
- Monday 08 Dec 2025 to Monday 08 Dec 2025

Last updated: 16th September 2025