

# Community & Social Action

## Peer Mentoring

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This course provides professional development for new and existing volunteers and anyone in related community sector employment such as support workers.

### What are the entry requirements?

No formal qualifications are required. However, we do recommend you access one of our Introduction or Exploring entry level courses before you access this course if you have been out of education for some time.

### Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us [courses@northern.ac.uk](mailto:courses@northern.ac.uk)

## Course description

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This qualification will support you in understanding the role of a mentor and be aware of the skills needed to become an effective mentor.

This includes:

- Gaining insight into the role and practice of mentorship
- Being clear about mentor/mentee relationships
- Being aware of the specific skills and understanding you will require in order to mentor

You will also be introduced to some of the theory and practice of being a mentor.

## What can this course lead to?

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Other level 1 courses you could go on are:

- Counselling Skills
- Volunteering

Or you could progress onto:

- Peer Mentoring (Level 2)

Possible careers include Mentor, Community Support Worker, Community Worker or Volunteer.

## Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

## Location

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On-site

**Last updated:** 1st June 2025