

Counselling Courses

Developing Helping Skills

This course is beneficial for those who have been out of education or employment for a while and are looking to gain new knowledge and skills.

When does this start and end?

We have 2 different start dates for this course:

- 10 December 2025 - 11 December 2025
- 10 September 2025 - 11 September 2025

What are the entry requirements?

No formal qualifications are required to study this course. A willingness to learn is essential.

Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

Course description

This course will introduce you to therapeutic methods and some of the underpinning theory of counselling and helping skills. The course will also consider how these can be applied to support your own and others wellbeing.

What can this course lead to?

You could progress to gain a qualification such as the Level 2 Award in Counselling Concepts. Our Student Support Services team will work with you to design a personalised learning journey based on your needs and aspirations.

Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

Course session dates

Session dates for 10 December 2025 - 11 December 2025

- Wednesday 10 Dec 2025 to Thursday 11 Dec 2025

Session dates for 10 September 2025 - 11 September 2025

- Wednesday 10 Sep 2025 to Thursday 11 Sep 2025

Last updated: 1st September 2025