

Counselling Courses

Counselling and Helping Skills and Concepts

This course is beneficial for those who have been out of education or employment for a while and are looking to gain new knowledge and skills.

When does this start and end?	What are the entry requirements?	Need more information?
<ul style="list-style-type: none">• 4 February 2026 - 5 February 2026	No qualifications are required to study this course however students should have good communication skills including speaking and listening skills.	You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

Course description

A taster course to introduce counselling and helping skills and the theory that underpins professional counselling work.

What can this course lead to?

This course can lead to progression to level 1 helping courses such as counselling or peer mentoring. To progress to level 1 students will require at least a level 1 qualification in English.

Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

Course session dates

Session dates for 4 February 2026 - 5 February 2026

- **Wednesday 04 Feb 2026 to Thursday 05 Feb 2026**

Last updated: 12th December 2025