

# Counselling

## Counselling and Helping Skills

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This course is beneficial for those who have been out of education or employment for a while and are looking to gain new knowledge and skills.

### When does this start and end?

- 27 June 2024 - 28 June 2024

### What are the entry requirements?

No formal qualifications are required to study this course. A willingness to learn is essential.

### Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us [courses@northern.ac.uk](mailto:courses@northern.ac.uk)

## Course description

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This course will introduce you to therapeutic methods and some of the underpinning theory of counselling and helping skills. The course will also consider how these can be applied to support your own and others wellbeing.

## What can this course lead to?

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You could progress to gain a qualification such as the Level 2 Award in Counselling Concepts. Our Student Support Services team will work with you to design a personalised learning journey based on your needs and aspirations.

## Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

## Location

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1-Onsite

## Course session dates

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Session dates for 27 June 2024 - 28 June 2024

- Thursday 27 Jun 2024 to Friday 28 Jun 2024

Last updated: 18th April 2024