

Health Sciences

Autism Awareness

When does this start and end?

- 28 February 2026 - 1 March 2026

What are the entry requirements?

No formal qualifications are required to study this course. A willingness to learn is essential.

Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

Course description

"When you meet one person with autism, you've met one person with autism" (Dr Stephen Shore) – this quote highlights the extent of diversity that exists among individuals with autism. It can therefore be difficult to know where to start when learning about this type of neurodiversity.

This short course is designed to give the non-specialist a general understanding and overview of autism. You will learn about some of the challenges faced by people with autism, and some practical strategies for supporting them. You will also discover some of the recent research surrounding autism, and perhaps more importantly, some of the things people with autism want you to know!

What can this course lead to?

This course will support you to progress onto further short courses including Dementia Awareness and Substance Misuse Awareness. If you would like to gain a qualification in the area, you could apply for the Level 2 Award In Dementia Awareness. Our Student Support Services team will work with you to design a personalised learning journey based on your needs and aspirations.

Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

Course session dates

Session dates for 28 February 2026 - 1 March 2026

- Saturday 28 Feb 2026 to Sunday 01 Mar 2026

Last updated: 7th December 2025