

# Counselling Courses

## Exploring Counselling Skills

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This is an initial course to introduce and explore the subject of Counselling.

### What are the entry requirements?

No formal qualifications are required to study this course. A willingness to learn is essential.

### Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us [courses@northern.ac.uk](mailto:courses@northern.ac.uk)

## Course description

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This includes the role of the helping skills and active listening and some of the skills and knowledge that are essential to developing counselling and helping skills.

## What can this course lead to?

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This course will introduce you to the subject of counselling and will support you to progress on to further short courses including Counselling Skills for Volunteers and gain qualifications such as the Level 2 Award in Counselling Skills. Our Student Support Services team will work with you to design a personalised learning journey based on your needs and aspirations.

## Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

## Location

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On-site

**Last updated:** 18th May 2025