

# Health & Social Care

## Mental Health Issues

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This course will explore what is meant by mental health and the mental health spectrum.

### When does this start and end?

We have 2 different start dates for this course:

- 12 November 2022 - 13 November 2022
- 11 March 2023 - 12 March 2023

### What are the entry requirements?

No formal qualifications are required to study this course. A willingness to learn is essential.

### Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us [courses@northern.ac.uk](mailto:courses@northern.ac.uk)

## Course description

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This course will explore what is meant by mental health and the mental health spectrum. It will help you to develop an understanding of the different ways in which mental ill health can be managed and how to develop positive mental health strategies.

## What can this course lead to?

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This course is beneficial for those who have been out of education or work for a while and are looking to gain new knowledge and skills. You could progress on to gaining a qualification such as the Level 1 Award in Mental Health Awareness. Our Student Support Services team will work with you to design a personalised learning journey based on your needs and aspirations.

## Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/about-us/open-events/>]

## Location

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Northern College, Yorkshire [<https://www.northern.ac.uk/contact-us/>]

## Course fees and funding support

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## Course session dates

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Session dates for 12 November 2022 - 13 November 2022

- Saturday 12 Nov 2022 to Sunday 13 Nov 2022

Session dates for 11 March 2023 - 12 March 2023

- Saturday 11 Mar 2023 to Saturday 11 Mar 2023

## Course fees and funding support

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FREE\*

\* [This course is fully funded for eligible students.](#)

If you are not eligible, the cost of the course is £25.00. If you choose to stay residentially, and you are not eligible via the residential funding assessment, there will be an additional fee to pay. The vast majority of students are eligible to study and stay residentially for free and we will confirm when you apply.

**Last updated:** 7th October 2022