

Community & Social Action

Community Wellbeing

When does this start and end?

- 17 January 2023

What are the entry requirements?

No formal qualifications are required to study this course. A willingness to learn is essential.

Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

Course description

Join us in the beautiful environment of Northern College to learn about community wellbeing, and how you can make a positive difference to your own.

This two-day course will help you to focus on the wellbeing of yourself and your community. You will join in with a range of indoor and outdoor activities, both individually and in groups.

The course will help you to understand not only your own wellbeing, but also your social network and community networks, and how they can influence your environment in a positive way.

What can this course lead to?

These course can lead to:

- Being Active Outdoors
- Confidence to Learn
- Starting a Community Group

Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/about-us/open-events/>]

Location

Northern College, Yorkshire [<https://www.northern.ac.uk/contact-us/>]

Course fees and funding support

test

Course session dates

This is a one-day course for

- 17 January 2023

Course fees and funding support

FREE*

* [This course is fully funded for eligible students.](#)

If you are not eligible, the cost of the course is £17.50. If you choose to stay residentially, and you are not eligible via the residential funding assessment, there will be an additional fee to pay. The vast majority of students are eligible to study and stay residentially for free and we will confirm when you apply.

Last updated: 7th October 2022