

# Mental Health Education

## Mental Health Awareness

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### What are the entry requirements?

No formal qualifications are required to study this course. A willingness to learn is essential.

### Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us [courses@northern.ac.uk](mailto:courses@northern.ac.uk)

## Course description

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This course will raise awareness of the issues surrounding mental health such as: what is mental health and what causes mental health difficulties? The course will dispel some of the myths and misconceptions linked to mental health issues and will enable you to develop a knowledge of the rights of those with mental health issues and where appropriate support can be accessed.

## What can this course lead to?

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This course would enable you to progress onto other Level 2 courses in this area.

## Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

## Location

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On-site

**Last updated:** 1st June 2025