

# **Counselling Courses**

## **Counselling Skills**

#### What are the entry requirements?

There are no specific requirements to study this course. You may find it helpful if you have achieved a Level 1 qualification as you will need to complete written assignments using an acceptable level of English language.

#### **Need more information?**

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

### **Course description**

This course will focus on 4 specific areas:

- · counselling skills and personal development
- using counselling skills
- counselling skills theory
- · diversity and ethics in the use of counselling skills

This course would be suitable for individuals seeking a career change, undertaking voluntary work in a range of sectors and will support progression to level 3 and level 4 qualifications for those who are thinking of training to be a professional counsellor. Please note: this qualification does not qualify you to become a practising counsellor. You must be able to attend all six sessions to successfully complete the course (see session dates).

#### Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [https://www.northern.ac.uk/open-events/]

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