

# Counselling Courses

## Counselling Skills

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### What are the entry requirements?

There are no specific requirements to study this course. You may find it helpful if you have achieved a Level 1 qualification as you will need to complete written assignments using an acceptable level of English language.

### Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us [courses@northern.ac.uk](mailto:courses@northern.ac.uk)

## Course description

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This course will focus on 4 specific areas:

- counselling skills and personal development
- using counselling skills
- counselling skills theory
- diversity and ethics in the use of counselling skills

This course would be suitable for individuals seeking a career change, undertaking voluntary work in a range of sectors and will support progression to level 3 and level 4 qualifications for those who are thinking of training to be a professional counsellor. Please note: this qualification does not qualify you to become a practising counsellor. You must be able to attend all six sessions to successfully complete the course (see session dates).

## Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

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