

# Mental Health Education

## Supporting Children and Young Peoples Mental Health

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### When does this start and end?

We have 2 different start dates for this course:

- 17 September 2025 - 18 September 2025
- 12 January 2026 - 13 January 2026

### What are the entry requirements?

No formal qualifications are required to study this course. A willingness to learn is essential.

### Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us [courses@northern.ac.uk](mailto:courses@northern.ac.uk)

## Course description

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This course will explore some of the common mental health issues experienced by children and young people including anxiety and depression. It will help you develop an understanding of how to support children and young people with mental health concerns.

## Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

## Course session dates

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Session dates for 17 September 2025 - 18 September 2025

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Session dates for 12 January 2026 - 13 January 2026

- Monday 12 Jan 2026 to Tuesday 13 Jan 2026

**Last updated:** 17th August 2025