

Mental Health Education

Understanding Children and Young Peoples Mental Health

The qualification develops learners' knowledge and skills in the area of children and young people's mental health.

When does this start and end?

- 26 January 2026 - 18 March 2026

What are the entry requirements?

Students will need to have a good level of literacy, equivalent to Level 1 and good IT skills.

Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

Course description

The successful learner will understand the factors affecting mental health and a range of common conditions experienced by children and young people.

What can this course lead to?

Learners who achieve this qualification could progress to:

- Level 3 Certificate in Understanding Mental Health

- Level 3 Award in the Awareness of the Mental Capacity Act 2005
- Level 3 Diploma for the Children and Young People's Workforce (England)
- Level 3 Award/Certificate/Diploma in Supporting Teaching and Learning

Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

Course session dates

This course is self directed and you will study at your own pace. Access to the online learning platform will be made available when you have completed your enrolment.

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