

Mental Health Education

Mental Health Awareness

When does this start and end?

- 3 November 2025 - 17 December 2025

What are the entry requirements?

Students will find it useful to have previously achieved a Level 1 qualification in mental health awareness or another health and social care related area.

Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

Course description

This qualification is for any student that wants to raise their awareness of mental health issues and some of the problems that can cause mental ill health.

What can this course lead to?

Further study at Level 3 or entry into a support role in Health and Social Care.

Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

Course session dates

Session dates for 3 November 2025 - 17 December 2025

- Monday 03 Nov 2025 to Wednesday 05 Nov 2025

- Monday 10 Nov 2025 to Wednesday 12 Nov 2025
- Monday 17 Nov 2025 to Wednesday 19 Nov 2025
- Monday 24 Nov 2025 to Wednesday 26 Nov 2025
- Monday 01 Dec 2025 to Wednesday 03 Dec 2025
- Monday 08 Dec 2025 to Wednesday 10 Dec 2025
- Monday 15 Dec 2025 to Wednesday 17 Dec 2025

Last updated: 10th September 2025