

Community & Social Action

Eat Well, Spend Less!

Two Days, One Night at Northern College

Join us for a fun-filled, hands-on experience designed to help families cook smart, eat well, and spend less.

When does this start and end?	What are the entry requirements?	Need more information?
 We have 2 different start dates for this course: 6 December 2025 - 7 December 2025 21 March 2026 - 22 March 2026 	None	You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [https://www.northern.ac.uk/open-events/]

Course session dates

Session dates for 6 December 2025 - 7 December 2025

Saturday 06 Dec 2025 to Sunday 07 Dec 2025

Session dates for 21 March 2026 - 22 March 2026

• Saturday 21 Mar 2026 to Sunday 22 Mar 2026

Last updated: 2nd November 2025