

# Counselling Courses

## Pathways to Employment: Introduction to the Essentials of Health (mental, cognitive & physical)

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This is a 3-day course that explores key areas of health and social care service provisions, such as mental health, learning disabilities and common health conditions. The course offers a brief insight into each of these key areas, and it is an opportunity for students to consider specific roles and careers linked to each. This could relate to working with children, adolescents or adults.

When does this start and end?	What are the entry requirements?	Need more information?
<ul style="list-style-type: none"><li>• 22 September 2025 - 24 September 2025</li></ul>	No formal qualifications are required to study this course. A willingness to learn is essential.	You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us <a href="mailto:courses@northern.ac.uk">courses@northern.ac.uk</a>

## What can this course lead to?

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After completion of the course, students could feel confident to apply for a role within health and social care sector, whether this be in a volunteering capacity or paid employment.

Alternatively, students could continue to develop their understanding and skillset by enrolling onto relevant courses to further support their career pathway.

Suggested courses:

- Preparing for Learning in Health and Social Care
- Level 1 Certificate in Introduction to HSC and Children's and Young People's Settings
- Level 1 Award in Mental Health
- Level 1 Award in Substance Misuse
- Level 1 Award in Alcohol Awareness
- Level 1 Award in Stress Awareness
- Level 1 Award in Mentoring

## Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

## Course session dates

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Session dates for 22 September 2025 - 24 September 2025

- Monday 22 Sep 2025 to Wednesday 24 Sep 2025

Last updated: 14th September 2025