

# Counselling Courses

## Explore Expanding your Therapeutic Practice Outdoors

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The aim of the course is to provide an opportunity for students and those in practice to explore ways to work with nature to expand their practice.

When does this start and end?	What are the entry requirements?	Need more information?
<ul style="list-style-type: none"><li>• 11 October 2025 - 12 October 2025</li></ul>	Students must have the minimum of a level 2 in a related subject area, must have a reasonable level of physical fitness and movement (bending, stretching etc.) and be physically able to move over uneven ground.	You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us <a href="mailto:courses@northern.ac.uk">courses@northern.ac.uk</a>

### Course description

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This is a taster course designed to encourage those working in or working towards professions such as peer mentoring /counselling to consider expanding their therapeutic skills in the outdoors.

### Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

## Course session dates

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Session dates for 11 October 2025 - 12 October 2025

- Saturday 11 Oct 2025 to Sunday 12 Oct 2025

**Last updated:** 14th September 2025