

Health Sciences

Level 1 Award in Alcohol Awareness

This course could appeal to anyone wanting to support others with alcohol concerns. This course could also be beneficial to individuals who are wanting to support their own health and wellbeing.

When does this start and end?	What are the entry requirements?	Need more information?
<ul style="list-style-type: none">• 2 October 2025 - 10 October 2025	No formal qualifications are required to study this course. A willingness to learn is essential.	You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us courses@northern.ac.uk

Course description

This qualification aims to:

- focus on the study of alcohol awareness

The objectives of this qualification are to:

- raise awareness of the harmful effects of alcohol use
- engage learners in understanding issues that can impact on health and wellbeing
- prepare learners to progress to further qualifications in a similar subject area at a higher level or complement other areas of study in a related subject area

What can this course lead to?

Learners who achieve this qualification could progress to the following:

- Level 1 Award in Substance Misuse
- L1 Certificate in Preparing to Work in health and social care
- L1 Award in Mental Health Awareness
- L2 Certificate in counselling

Learners could seek out volunteering or employment opportunities.

Want to learn more?

You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

Course session dates

Session dates for 2 October 2025 - 10 October 2025

- Thursday 06 Nov 2025 to Friday 07 Nov 2025
- Thursday 13 Nov 2025 to Friday 14 Nov 2025

Last updated: 14th September 2025