

# Health Sciences

## Level 1 Award in Alcohol Awareness

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This course could appeal to anyone wanting to support others with alcohol concerns. This course could also be beneficial to individuals who are wanting to support their own health and wellbeing.

### What are the entry requirements?

No formal qualifications are required to study this course. A willingness to learn is essential.

### Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us [courses@northern.ac.uk](mailto:courses@northern.ac.uk)

## Course description

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This qualification aims to:

- focus on the study of alcohol awareness

The objectives of this qualification are to:

- raise awareness of the harmful effects of alcohol use
- engage learners in understanding issues that can impact on health and wellbeing
- prepare learners to progress to further qualifications in a similar subject area at a higher level or complement other areas of study in a related subject area

## What can this course lead to?

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Learners who achieve this qualification could progress to the following:

- Level 1 Award in Substance Misuse
- L1 Certificate in Preparing to Work in health and social care
- L1 Award in Mental Health Awareness
- L2 Certificate in counselling

Learners could seek out volunteering or employment opportunities.

## Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

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