

# Counselling Courses

## Level 1 Award in Counselling Skills

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### When does this start and end?

- 24 September 2025 - 10 October 2025

### What are the entry requirements?

Applicants must have level 1 English or other Level 1 qualifications. Must have good communication skills including speaking and listening skills.

### Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us [courses@northern.ac.uk](mailto:courses@northern.ac.uk)

## Course description

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The objective of the Gateway Qualifications Level 1 Award in Counselling Skills is to give learners an introduction to Counselling Skills in preparation for further learning or training. The development of listening skills will also support learners to develop skills need in daily life and at work for example in the field of health and social care.

## What can this course lead to?

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This course could lead to progression to level 2 helping courses such as counselling or peer mentoring. To progress to level 2 students will require good IT skills (as all level 2 courses are completed digitally) and a level 2 qualification in English.

## Want to learn more?

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You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

## Course session dates

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## Session dates for 24 September 2025 - 10 October 2025

- Wednesday 24 Sep 2025 to Thursday 25 Sep 2025
- Wednesday 01 Oct 2025 to Thursday 02 Oct 2025
- Wednesday 08 Oct 2025 to Friday 10 Oct 2025

**Last updated:** 14th September 2025