

# No Department Set

## Understanding Children and Young Peoples Mental Health (Certificate / Level 2)

---

### When does this start and end?

- 26 January 2026 - 18 March 2026

### What are the entry requirements?

Students will need to have a good level of literacy, equivalent to Level 1 and good IT skills.

### Need more information?

You can find out more about Northern College and the courses on offer by calling us on 01226 776000 or emailing us [courses@northern.ac.uk](mailto:courses@northern.ac.uk)

## Course description

---

Students will learn about the factors affecting mental health and a range of common conditions experienced by children and young people.

## What can this course lead to?

---

Learners who achieve this qualification could progress to:

- Level 3 Certificate in Understanding Mental Health
- Level 3 Award in the Awareness of the Mental Capacity Act 2005
- Level 3 Diploma for the Children and Young People's Workforce (England)
- Level 3 Award/Certificate/Diploma in Supporting Teaching and Learning

## Want to learn more?

---

You can find out more about Northern College and the courses on offer at one of our Open Events [<https://www.northern.ac.uk/open-events/>]

## Location

---

On-site

## Course session dates

---

### Session dates for 26 January 2026 - 18 March 2026

- Monday 26 Jan 2026 to Wednesday 28 Jan 2026
- Monday 02 Feb 2026 to Wednesday 04 Feb 2026
- Monday 09 Feb 2026 to Wednesday 11 Feb 2026
- Monday 23 Feb 2026 to Wednesday 25 Feb 2026
- Monday 02 Mar 2026 to Wednesday 04 Mar 2026
- Monday 09 Mar 2026 to Wednesday 11 Mar 2026
- Monday 16 Mar 2026 to Wednesday 18 Mar 2026

**Last updated:** 9th November 2025